

# Global Scholars

Global Citizenship e-Classroom  
for Middle School Students Around the World  
Sponsored by Global Cities, Inc.

## 2013 CURRICULUM SUMMARY AND TIMELINE

The 2013 curriculum, “**My Meal Matters**” focuses on **food and nutrition** to encourage students to **examine** why what we eat is important to individual and community health, identity, and to global issues like malnutrition; **discover** that the food we eat and how we eat it differs across the world; and **think critically** about factors that affect food choices.

### FALL

Teacher trainings, introduction to curriculum and Global Scholars (GS) website.

Unit 1: Oct—Nov 2013

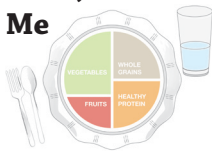
#### **City Eats**



Students will discover that food is shaped by—and helps shape—a city’s identity. They will explore the local foods that help characterize their city and conduct cross-cultural food comparisons. Students will interview community members to collect recipes representative of their city. As a unit project, classes will submit these recipes to contribute to the creation of a Global Scholars Cookbook.

Unit 2: Nov 2013—Jan 2014

#### **Healthy Meal, Healthy Me**



Students will explore the importance of a healthy diet and learn how to build a healthy meal using foods characteristic of their city. They will compare and contrast how “healthy food” is defined in global cities. Students will investigate their school’s food environment to explore what foods are available and how they are presented. The final project will ask students to create a youth-gearred advertisement for healthy foods or a public service announcement aimed at encouraging youth to make healthier food choices.

### SPRING

New school sites - introduction to curriculum and Global Scholars website. Continuing school sites - wrap up and present Unit 2 final projects.

Unit 3: Feb—Mar 2014

#### **The Right to a Healthy Bite**



Students will explore malnutrition as a global issue. They will learn about food insecurity, investigating its potential causes and effects. As a unit project, students will create a multimedia presentation to teach other Global Scholars about organizations in their city that are helping to alleviate food insecurity. Through this exchange, students will gain a global perspective on how these issues are being addressed in cities around the world.

Year-end Project:  
Apr—June 2014

#### **Every Last Bite**



The year-end project will ask each class to take action by planning and implementing a community action project to help make their city a healthier place to live. Taking the idea of “think global, act local,” students will work as a class to brainstorm, select, plan, enact and evaluate a project to implement within their local community. When designing projects, students will be asked to consider projects that have the potential to create deep and long lasting change for healthier cities. Students prepare for presentations of year-end projects and celebration!